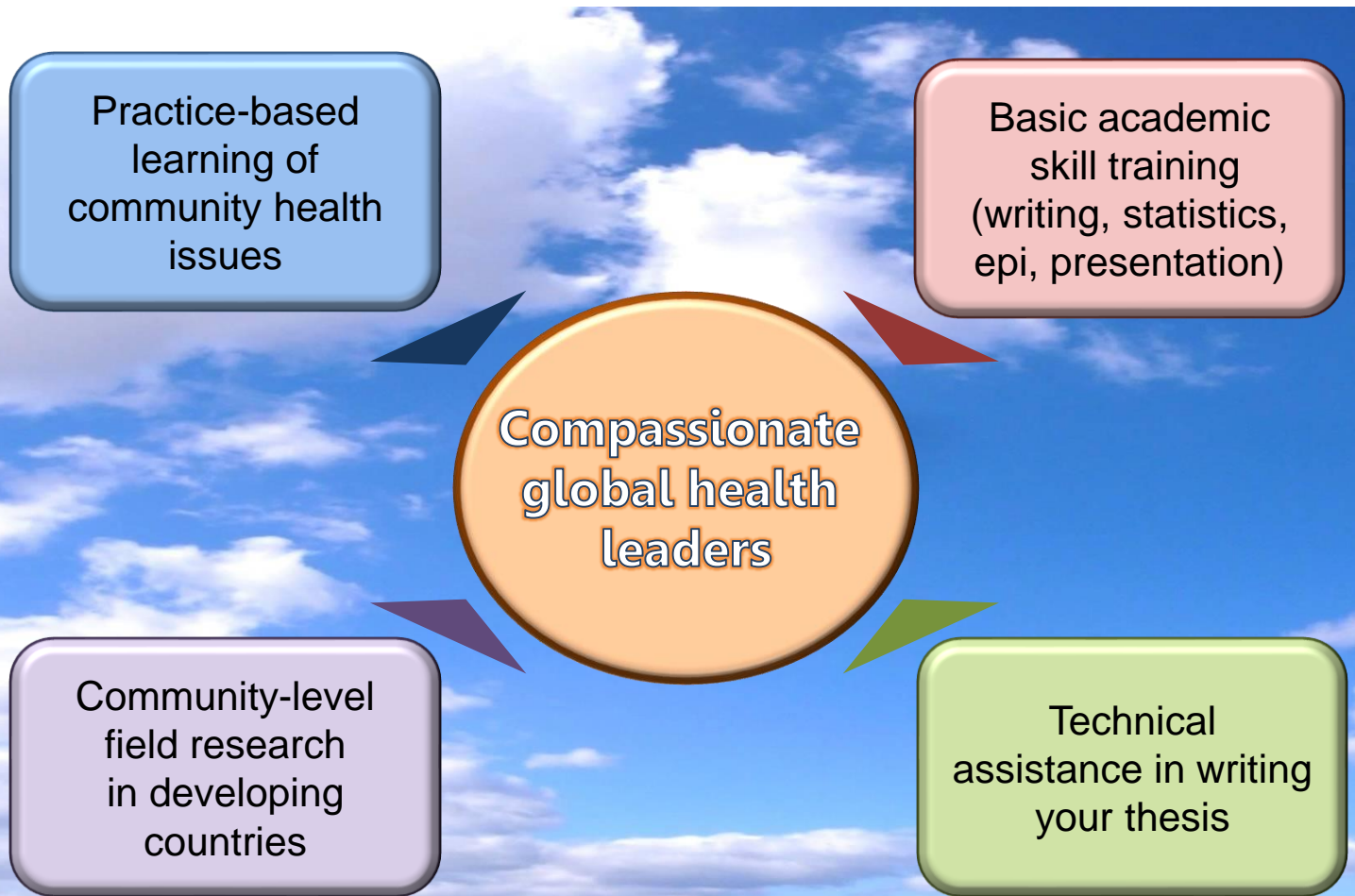




# Department of Community and Global Health 國際地域保健學教室



## **Go beyond convention:**

We think outside the box without being bound by convention (common practices).

## **Learn from people:**

We learn the wisdom of people in resource limited countries.

## **Act in accordance with our inner voice:**

We act based on own inner voice to improve health and wellbeing of vulnerable people.

### Practice-based learning of community health issues

We offer a selection of advanced community and global health courses. It involves both theoretical exercises and practical activities.

- Learn concepts and tools of community health actions and research
- Focus on hidden actors and up-to-date topics
- Hold invited lectures by top-level researchers and practitioners
- Interact with graduate students overseas

### Basic academic skill training (writing, statistics, epi, presentation)

We offer a combination of self-study, classroom sessions, and exercises for learning basic academic skills. The following skills will help you to pursue your academic and professional career in health.

- Academic writing in English
- Statistical analysis
- Epidemiology
- Academic presentation

### Community-level field research in developing countries

We place significant importance on fieldwork to collect data directly from the field. We also contribute to policy making and promote actions to improve health and wellbeing outcomes by making the best use of community-based research.

- Health, nutrition & development
- Health, human rights & human security
- Infectious disease control
- Health promotion
- Disaster and health
- Human resources for health
- Maternal, newborn, and child health

### Technical assistance in writing your thesis

Writing thesis in English is one of the most important academic achievement in master and PhD program. The faculty staff assists students to complete the whole process.

- Elaborate research questions
- Review literature
- Develop study design
- Collaborate with local research institution in the study site
- Collect and clean data
- Analyze data
- Write manuscript
- Make oral presentation

**Support from the faculty + Students helping students  
(English as the common language)**



## Publication

### Current Publications:

- Positive deviance for dual-method promotion among women in Uganda: study protocol for a cluster randomized controlled trial. Kosugi H, Shibanuma A, Kiriya J, Ong KIC, Mucunguzi S, Muzoora C, Jimba M. *Trials*. 2020 March 17;21:270. doi: 10.1186/s13063-020-4192-8.
- Dissemination and implementation of the e-MCH Handbook, UNRWA's newly released maternal and child health mobile application: a cross-sectional study. Nasir S, Goto R, Kitamura A, Alafeef S, Ballout G, Hababeh M, Kiriya J, Seita A, Jimba M. *BMJ Open*. 2020 Mar 9;10(3):e034885. doi: 10.1136/bmjopen-2019-034885.
- Patients help other patients: Qualitative study on a longstanding community cooperative to tackle leprosy in India. Jung SH, Han HW, Koh H, Yu SY, Nawa N, Morita A, Ong KIC, Jimba M, Oh J. *PLoS Negl Trop Dis*. 2020 Jan 13;14(1):e0008016.
- Mental well-being of international migrants to Japan: a systematic review. Miller R, Tomita Y, Ong KIC, Shibanuma A, Jimba M. *BMJ Open*. 2019 Nov 3;9(11):e029988.
- Leadership and Peer Counseling Program: Evaluation of Training and Its Impact on Filipino Senior Peer Counselors. Carandang RR, Shibanuma A, Kiriya J, Vardeleon KR, Marges MA, Asis E, Murayama H, Jimba M. *Int J Environ Res Public Health*. 2019 Oct 24;16(21).
- Unmet Needs and Coping Mechanisms Among Community-Dwelling Senior Citizens in the Philippines: A Qualitative Study. Carandang RR, Asis E, Shibanuma A, Kiriya J, Murayama H, Jimba M. *Int J Environ Res Public Health*. 2019 Oct 4;16(19).
- Effect of psycho-social support by teachers on improving mental health and hope of adolescents in an earthquake-affected district in Nepal: A cluster randomized controlled trial. Dhital R, Shibanuma A, Miyaguchi M, Kiriya J, Jimba M. *PLoS One*. 2019 Oct 1;14(10):e0223046.



## Demography

In April 2020, we have

- Department chair and professor (Professor Masamine Jimba),
- 3 assistant professors, 2 project assistant professors
- 3 secretaries,
- 11 visiting lecturers,
- 22 doctoral students,
- 15 master's degree students,
- 1 research students, and
- 35 visiting researchers.

Students from:

Japan, Malawi, Myanmar, Nepal, Philippines, Indonesia, Uganda, USA, Mongolia, Cambodia, the Palestine, South Korea, Vietnam

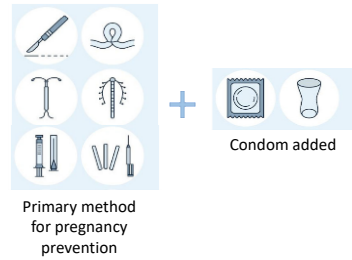


## Contact

Email: [ich@m.u-tokyo.ac.jp](mailto:ich@m.u-tokyo.ac.jp)

Web: <http://www.ich.m.u-tokyo.ac.jp/en/index.html>

## Recent Research



### Positive deviance for dual-method promotion among women in Uganda

(Hodaka Kosugi, PhD student)



To identify unique behaviors that are common only among women using dual-method

Qualitative study

Co-creation of an intervention based on findings of the qualitative study

To examine the effect of the intervention on dual-method use among women

C-RCT



### Community choir activity as a new health promotion intervention in super-aged society

(Hikari Sandhu, PhD student)

-Objectives: To explore the potential usage of community choir to promote healthy living for community-dwelling elderlies in Japan

-Qualitative research (case study) with ethnographic approach

Experience of singing, dancing, socialization, creativity, and musical aesthetic influenced on health and wellbeing of elderlies.

“Joy is the best.  
If it’s not fun, we won’t do it.  
If it’s fun, we will be healthier.”



### Frailty and adverse health outcomes in community-dwelling older people in Nepal

(Richa Shah, PhD student)

Objectives

To identify the factors that affect frailty status and examine the association of frailty status with disability, fall, healthcare utilization, and QOL in older people

Results

Frailty status can be prevented by improving the home-living environment, lifestyle, and health education. Better QOL leads to decrease in the frailty status.

